

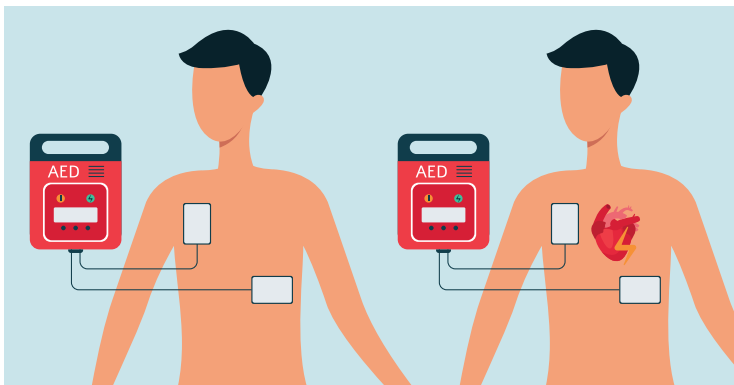


TOWNSHIP OFFICIALS OF ILLINOIS RISK MANAGEMENT ASSOCIATION

RISK REMINDER

AED: Automated External Defibrillator

- **WHO: Anyone can use an AED when needed.** Training is not required to use an AED in an effort to save someone's life, but attending a CPR/AED course can help people feel more comfortable using one
- **WHAT:** In the AED case will be the **machine, pads, and sometimes a grooming kit.** Everything you need will be packaged together
- **WHERE:** Know where the AED is kept at your location
- **WHEN: As soon as an emergency takes place requiring CPR** direct someone to grab the AED and call 911
- **WHY: AEDs are able to shock the heart within minutes to reset the heart beat** instead of waiting until EMS arrives or until the person gets to hospital. During an emergency every minute matters. Saving Time = Saving Lives
- **HOW: Electricity goes between the two AED pads when it shocks,** so it is important to place the pads correctly (see picture below). **If they do not need shocked, the AED will not shock them, so always use it during CPR emergencies**



STEPS FOR USING AN AED

- Turn it ON! AED will give directions
- Place pads on bare skin (see picture)
- Press button on AED to analyze heart rhythm. Do NOT touch patient
- Push shock button if AED requires
- Resume CPR

* Follow the steps given by your device*

* Never touch patient when AED is analyzing or shocking*

- AEDs often seem scary; they are very easy to use! Taking a CPR/AED class and knowing where your facility's AEDs are located can help gain confidence
- Laws for AED placement and training vary from state to state, so make sure to know your state's guidelines
- Good Samaritan laws are in place to protect people who attempt to use AEDs to save a life from legal responsibility

For more information, contact TOIRMA at (888) 562-7861
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